

Quest Food Management

002228 - entree-chicken shamrock : nslp	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 1 Size of Portion: serving	Meat/Alt: 3 oz Grains: 1 oz Fruit: Vegetable: Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
903699 chicken- shamrock shape nuggets bb greco...	4 NUGGET	

*Nutrients are based upon 1 Portion Size (serving)

Calories	333 kcal	Cholesterol	47 mg	Sugars	1.3 g	Calcium	26.64 mg	50.40%	Calories from Total Fat
Total Fat	18.65 g	Sodium	466 mg	Protein	18.65 g	Iron	1.92 mg	12.60%	Calories from Saturated Fat
Saturated Fat	4.66 g	Carbohydrates	19.98 g	Vitamin A	6.7 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	2.66 g	Vitamin C	0.0 mg	Ash ¹	0.00 g	24.00%	Calories from Carbohydrates
								22.40%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.



Printer Friendly Version 

Brakebush Brothers

Brakebush®

Chicken, FC CN Whole Grain Breaded Shamrock Shaped Breast Nuggets; Seasonal

GTIN: 10038034563908
MFR Product Number: 5639
Serving Size: 3 pieces
Servings Per Case:
Storage Temperature: 0F
Shelf Life: 12 months
Child Nutrition Label (Y/N): Yes



Three 1.10 oz. fully cooked whole grain breaded shamrock shaped chicken breast patties provide 2.00 oz. meat/meat alternate and 0.50 oz. equivalent grains.

General Description

5639-CN Fully Cooked Whole Grain Breaded Shamrock Shaped Chicken Breast Patties with Rib Meat

Benefits Of Using This Product

For St. Patrick's Day or anything Irish, enjoy our Shamrock chicken made with breast meat. Avg 145/1.1 oz.

Serving Suggestions

For recipe and menu ideas go to www.brakebush.com

Preparation and Cooking Instructions

PREPARATION: COOK TO A MINIMUM OF 165° F. BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350°F. FOR 8-10 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400°F FOR 12-15 MIN. DEEP FRY AT 350°F FOR 2-4 MIN. MICROWAVE ON HIGH ABOUT 1-3 MIN. PER SERVING, TURNING ONCE. ADJUST TIMES TO QUANTITY BEING COOKED AND EQUIPMENT USED. DO NOT OVERCOOK.

List Of Ingredients

INGREDIENTS: BONELESS CHICKEN BREAST WITH RIB MEAT, WATER, ISOLATED SOY PROTEIN, SEASONING (MODIFIED CORN STARCH, DEHYDRATED GARLIC, DEHYDRATED ONION, MALTODEXTRIN, SALT, NATURAL FLAVOR, SPICE EXTRACTIVES), SALT, SODIUM PHOSPHATES. BREADED WITH WHOLE WHEAT FLOUR, WHOLE GRAIN YELLOW CORN FLOUR, WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BROWN SUGAR, WHEAT GLUTEN, SOYBEAN OIL, SALT, DRIED ONION, DRIED GARLIC, CORN STARCH, POTASSIUM CHLORIDE, SPICES, DRIED YEAST, CITRIC ACID, SUGAR, PAPRIKA EXTRACT (COLOR), TURMERIC EXTRACT (COLOR).

ALLERGENS: SOY, WHEAT.

Additional Information

For more information call 1-800-933-2121

Nutritional Information

Nutrition Facts	
Serving Size: 3 pieces (94g)	
Servings Per Container:	
Amount per Serving	
Calories: 250	Calories from Fat: 130
	% Daily Value*
Total Fat: 14 g	22 %
Saturated Fat: 3.5 g	18 %
Trans Fat: 0 g	
Cholesterol: 35 mg	12 %
Sodium: 350 mg	15 %
Total Carbohydrate: 15 g	5 %
Dietary Fiber: 2 g	8 %
Sugars: 1 g	
Protein: 14 g	
Vitamin A: 0 %	Vitamin C: 0 %
Calcium: 2 %	Iron: 8 %
*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

Kosher: NO
Serving Size for Nutrients: 94g
Household Serving Size: 3
Measure: PIECE

* This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.

Packaging & Storage Information

Packed in 2/5# bags

Master Pack

Pallet Tie: 16	Pallet High: 8	Pallet Extra:	Total Pallet: 128
Description: 1 CASE	Size: 10 LB		
Gross Weight: 10.68 LB	Net Weight: 10 LB		Volume: 0.62 FT
Length: 13.5 IN	Width: 8.63 IN		Height: 9.25 IN

Inner Pack

Unit Quantity: 1 CASE **Unit Size:** 10 lb